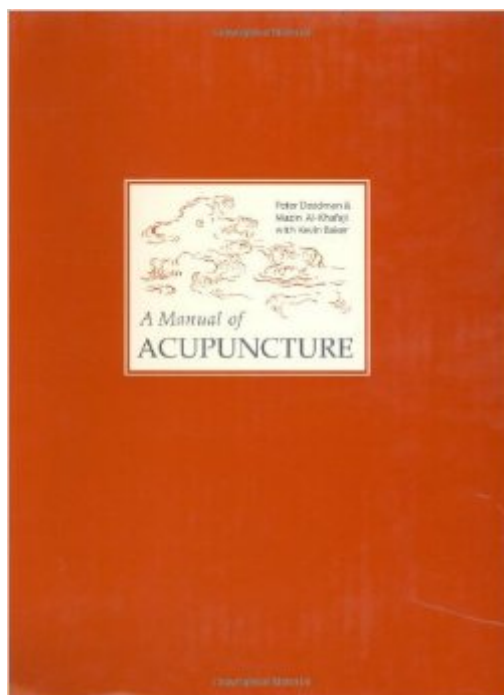


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A Manual Of Acupuncture



Synopsis

Once in a great while an extraordinary book is published that sets an entirely new standard in its field. *A Manual of Acupuncture*, published by Journal of Chinese Medicine Publications, is just such a book. Painstakingly researched over many years by Peter Deadman, editor-in-chief of *The Journal of Chinese Medicine*, and colleagues Mazin Al-Khafaji and Kevin Baker, this book has become the primary reference in the West for the study of acupuncture points and channels. With the subtle use of color to illustrate the acupuncture points and anatomical features, the new second edition of *A Manual of Acupuncture* is even more attractive and user-friendly than the first.

Introductory chapters describe and illustrate the channels and collaterals, the various categories of points, and methods of selection, location, and needling. Ensuing chapters present each of the points of the 14 channels as well as the extra (miscellaneous) points, identified by their English and pinyin names, and Chinese characters. Each point is located in accordance with the most exacting anatomical standards to be found in any Western textbook. For each point there is a dedicated drawing, followed by regional body drawings. The quality of the 500 drawings is far superior to those in any other TCM text. There are also practical pointers for finding and needling the points, and cautionary information about what to avoid. In addition to point indexes by their English and pinyin names, there is an index identifying every part of the body reached by each of the channels, and separate indexes of point indications listed according to both TCM and biomedical symptoms.

Book Information

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Customer Reviews

A very well conceived, comprehensive and organized text of acupuncture, for the whole journey from beginning to advanced practice. It provides a very rich and in depth summary of information about each point, both in terms of modern usage and plus selected highlights from the classical chinese texts. There is more specific detail on each point in this manual than I have found in any other source, including for the extra points. It is a delightful resource to just read. The language is clear, straightforward and does not bog down in overly heavy detail either. It is well enough organized to assist in problem solving for particular conditions. But, I recommend searching a little further and considering an even richer treasure -- the DVD multimedia version of this same Manual. It contains everything in the printed text plus some additional enhancements. On the DVD, it is generally easier to appreciate the organization of points by their meridians, their inter-relationships and to follow well-designed sections detailing out the anatomy of critical landmarks such as the spinous processes, ribs, and other bony landmarks. Both the text and DVD contain thorough coverage on precautions to take when needling near organs. Both have extensive charts, historical information and cross-referencing by indications. The interactive study tools in the DVD version and the ability to construct your own practice tests, as well as the ease of computer-added search make the digital version my favorite over the printed text. One Caveat: It is important to know that the DVD employs frustrating DRM limitations which require that the user keep the DVD in their disk drive anytime they want to use the program. I find this intermittently slows down acquisition of a link and occasionally necessitates rebooting the entire computer due to some odd hangup. Printed texts fortunately bypass these irritations.

The Deadman text is required by most TCM schools. If you have the previous version and already know your points this version might not be needed, you can always get the new CD when it comes out. If you are still learning then the illustrations are improved, making it easier to locate the exact location of a point. There have been some corrections made to known errors in the previous edition. Other than that the biggest difference is that the cover is now orange instead of black.

I didn't realise it was a huge block of a book I was ordering! It's huge, detailed and magnificent. Nearly all you could want to know about points is in this book and three years on I am still using it nearly daily, just to look up random points for fun! It's a great reference and education tool.

Pity it takes 2, 3, 4 years immersed in TCM study before one figures out what the real gems are out there (and there are so few). Peter Deadman and Mazin al-Khafaji's Manual of Acupuncture is quite

possibly the best book out there. Get the hard cover (and the amazing iPhone app) if you dare; you will find yourself not only referring to it over and over (both during school and after) but also being pulled into its poetry, precision and scholarship-- for the rest of your career.

This is a great book. It is packed with almost 700 pages of info that is laid out so you can find what you are looking for easily and quickly. The photos and descriptions how to find the specific points are excellent. Even though it's pricey it's worth every dollar: probably the best text available, anywhere. I'd give it more stars if possible.

What I love about this text is that it is a professional Acupuncture textbook. It has a clear illustration and picture of the acupoint and the meridian. It also has the name of the point with Chinese Character. The content is sorted in orderly and easy to search or study. The print paper is thick and nice this makes the textbook look serious and precious which I love. The one I have is black cover so it looks great. This book also contains many diseases & symptoms and tells what acupoints should be used for treatment (in TCM we call acupuncture prescription). Only what I feel it should improve is that some acupoints are shown by female explicit expression such as the breast. I personally think that is not necessary. The other thing is that this book neither has Ear Acupuncture nor Moxibustion like what acupuncture textbook should. You may need extra book for these two parts I mentioned as they are very useful in clinic as well.

When I first had to go through this as a beginning student, I was seriously intimidated by the sheer size of this book, and content matched the overwhelming nature of the physical volume! The diagrams are incredible, though, and once you start needling, you will appreciate the detail here! The first few chapters about point categories are worth rereading repeatedly over time. The commentary was way over my head until about a year into my program - and now it is really a pleasure to read. After all the qi gong, tai ji, and running around through school, the book will feel lighter, too. Don't worry, and good luck!

This tome is a work of art. An indispensable reference tool for acupuncturists. Rich in details of points actions and meanings. The second edition has extras and is a more polished version of this book.

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